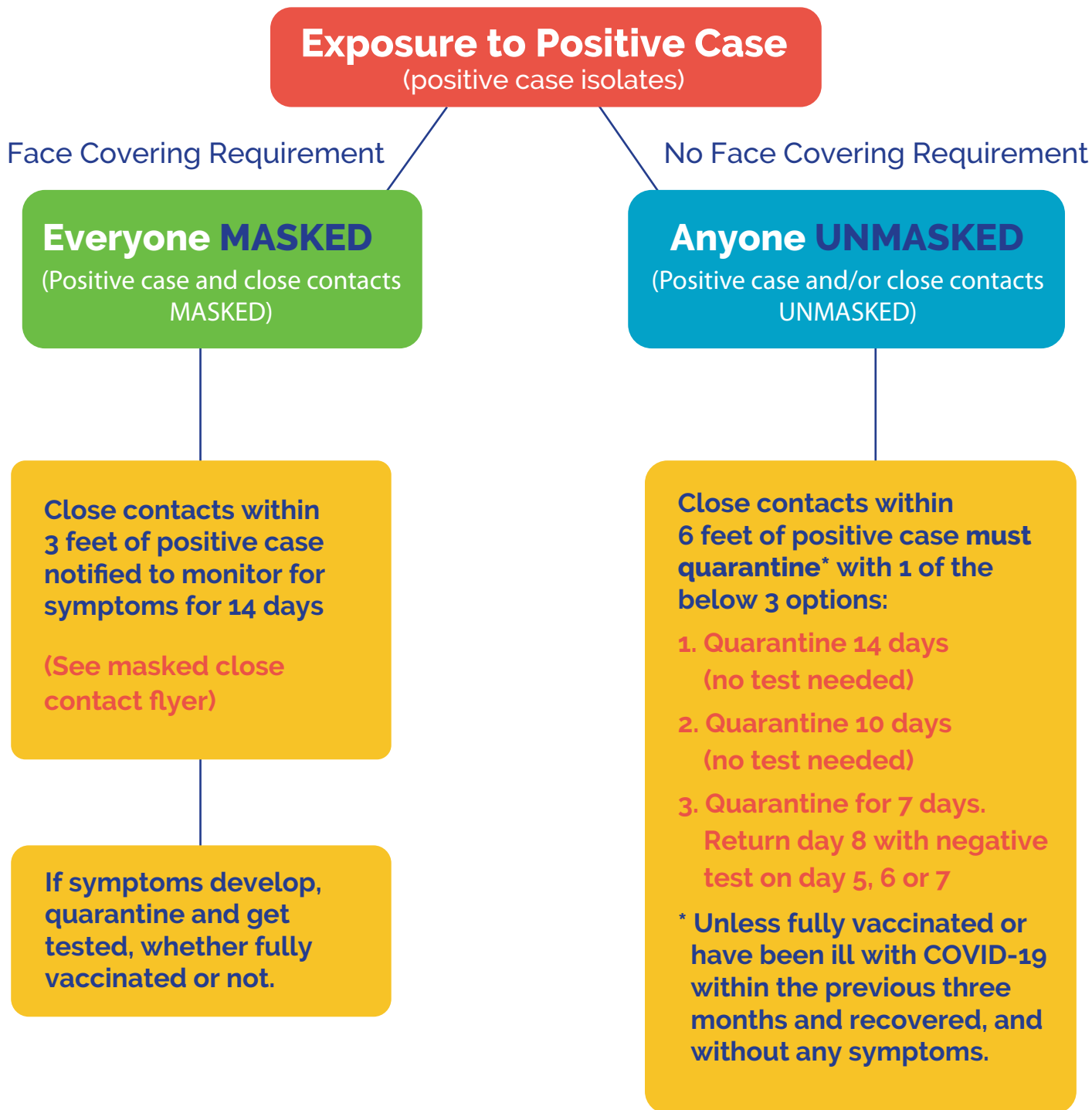


COVID-19 School Quarantine Guidance WHEN ALL ARE MASKED



Note:

Applies to the **classroom setting only**. Does not apply to high-risk activities such as lunch, band, choir or extra-curriculars.

COVID-19 School Quarantine Guidance

WHEN ALL ARE MASKED



Enhanced Precautions: When identified as a close contact in the K-12 classroom

- Mask at all times throughout the school day and while on the bus. No exceptions.
- Distance as much as you can from others during the school day.
- Maximize spacing during lunch and in any high-risk class, such as music and physical education since masks will be off. Schools may consider additional spacing for those who are identified as close contacts.
- Prioritize hand hygiene
- Monitor symptoms at home before arriving at school each day
 - o If ANY signs or symptoms are identified while at home, student/teacher/staff should NOT come to school and should get tested.
 - o If symptoms develop during the school day, individual should go home as soon as possible and get tested.
 1. If COVID-19 test is positive, begin 10 days of isolation starting from the date symptoms began.
 2. If COVID-19 test is negative because individual is identified as a close contact and has symptoms, he or she must complete remaining days of a 14-day quarantine. Must also be free of symptoms and fever for at least 24 hours without the use of fever-reducing medication before returning to school.

For ALL extra-curricular activities including but not limited to music and athletics, including cheerleading:

- Wear masks at all times while not actively performing or actively playing during your sporting activity.
- Examples of when mask should be worn:
 - o While on the sideline/bench
 - o While in the dugout
 - o While hanging out with friends
 - o In the locker room
 - o Before/after a sporting event
- Distance as much as possible when you are unmasked.
- Use hand sanitizer before and after playing/touching equipment
- Stay home if symptoms appear or if feeling sick, and get tested
- **DO NOT** participate if experiencing symptoms of COVID-19 as you can spread illness to others.